

Lisa Mann

Lisa Mann's fourth release, *Hard Times Bad Decisions*, is a celebration of "tough girl blues"—a burgeoning blues-rock sub genre revealing the power of the feminine mystique in love, loss, and redemption—and a genre to which Mann is clearly heir apparent.

The title track is a gritty snapshot of human nature's enduring relationship with the wrong road taken. Throughout *Hard Times Bad Decisions*, strong female protagonists drive the lyrical content, while the melodies remind us of Mann's transcendent passion for the vintage song books of blues past, broadcasting a theme park of period rock 'n' soul grooves from 50's ballads, through 60's R&B, and every road house since.

The West Virginia Native-turned-Portlander embodies the aspirational trifecta of the total blues musician: power vocalist, bassist extraordinaire, and deft songwriter. The release completes Mann's transformation from 2015 BMA Instrumentalist Award winner, and Northwest regional stalwart to a national voice, and an untethered voice, at that.

Look for Mann and her new band to tour nationally in 2016 and 2017, bringing fresh musical terrain to a city near you.

“a talent to be reckoned with”

BOB PUTIGNANO, *BLUES MUSIC MAGAZINE*

“Lisa Mann's future is bright indeed”

MELANIE YOUNG, *LIVING BLUES MAGAZINE*

“a fine bass player and an even better singer”

MICHAEL KINSMAN, *BLUES MUSIC MAGAZINE*

CAREER HIGHLIGHTS

- * 2016 Blues Music Award – Instrumentalist, Bass
- * 2015 Blues Music Award – Instrumentalist, Bass
- * 2015 Blues Blast Award – Sean Costello Rising Star
- * Cascade Blues Association Hall of Fame
- * Blues 411 Jimi Award-Best Rock/Blues Release for 2014 release, *Move On*



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RELEASE DATE: May 2016
FORMAT: CD (12 Tracks)
GENRE: Contemporary Blues
LABEL: JayRay Records



TRACK LISTING

- 1 HARD TIMES, BAD DECISIONS 4:31
- 2 TWO HALVES OF ONE
BROKEN HEART 4:12
featuring Andy Stokes
- 3 CERTAIN KINDA MAN 3:50
- 4 I GO ZOOM 4:17
- 5 DOGHOUSE 3:18
- 6 I DON'T HURT ANYMORE 3:31
- 7 AIN'T NUNNA YO BIZNESS 2:58
- 8 MY FATHERS HOUSE 3:19
featuring Kirk Fletcher
- 9 YOU NEED A WOMAN 3:12
- 10 PLAY IT ALL THE WAY 3:19
- 11 I LOVE YOU ALL THE TIME 3:21
- 12 JUDGE A MAN FOREVER 5:35
featuring Ben Rice & Vinny Appice

THE BAND

LISA MANN bass & vocals
JASON JT THOMAS guitars
BRIAN HARRIS keys
MICHAEL BALLASH drums

GUEST ARTISTS

ANDY STOKES vocal
LOUIS PAIN organ
RENATO CARANTO saxophone
DAVE MELYN drums
ALEX SHAKERI piano
STEVE KERIN piano
SONNY HESS lead guitar & backups
RAE GORDON backups & dogs
CHRIS MERCER saxophone
JOE MCCARTHY trumpet
STAN BOCK trombone
KIRK FLETCHER lead guitar
BEN RICE resonator guitar
VINNY APPICE drums



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